

# SPECIALTY CLASSES



## BALLET CLASSES

### BALLET – 45 minute class

- ❖ The foundation of many genres of dance educating the dancer in grace, poise, strength and flexibility.
- ❖ Dancers will concentrate on turn out, body alignment, basic ballet technique and grace
- ❖ This class does NOT perform

#### **Class Requirements:**

*Pink split sole ballet shoes  
Any color leotard and tights  
Hair bun or ponytail*

### LYRICAL/CONTEMPORARY – 45 minute class

- ❖ A compilation of ballet, jazz and modern dance styles taking the dancer on an emotional journey thru the lyrics and music using movement to express emotions

#### **Class Requirements:**

*Pirouette shoes or dance paws  
Any color leotard and tights  
Hair bun or ponytail*

### PRE-POINTE – 45 minute class

- ❖ Similar to the ballet class, this class will focus more on strengthening dancers feet and ankles getting them better prepared for pointe class.
- ❖ This class is required to attend the pointe class
- ❖ This class does NOT perform

#### **Class Requirements:**

*Pink split sole ballet shoes  
Any color leotard and tights  
Hair bun or ponytail*

*\*Do not purchase pointe shoes until Instructor lets them know*

### POINTE – 45 minute class

- ❖ A ballerinas dream – to dance en pointe –  
Wearing a “toe shoe” in which all body weight is supported on the tips of extended feet

*\*Dancer must be approved by the instructor*

#### **Class Requirements:**

*Must attend additional ballet class  
Pointe shoes – Brands will vary as do dancers feet  
Any color leotard and tights  
Hair bun or ponytail*

## TAP CLASSES

### TAP – is currently only available in the combo classes

- ❖ Two metal taps on the bottom of each shoe is all it takes to make fun and exciting Music With Your Feet!
- ❖ Dancers work on various steps and rhythm patterns, which as a result, can help with the continued development of rhythm and timing

#### **Class Requirements:**

*Tan Tap Shoes  
Dance shorts/tights and a form fitted shirt are fine for this class  
Hair secured back - ponytail*

### CLOG – 45 minute class

- ❖ A faster variation of tap with special shoes that have double taps on the balls and heels.

#### **Class Requirements:**

*Black Clog shoes with double taps (Stevens Stompers)  
Dance shorts/tights and a form fitted shirt are fine for this class  
Hair secured back - ponytail*

## JAZZ/HIP HOP CLASSES

### JAZZ – 45 minute class

- ❖ A fun style of dance and a strong foundation for dancers with each style being as unique as the teacher.
- ❖ Incorporating sharp body movements, turns, isolations... your dancer is sure to find this class a favorite as steps are combined making fun and exciting combinations

#### **Class Requirements:**

*Tan or black jazz shoes  
Dance shorts (or pants), tights and a form fitted t-shirt are fine  
Hair secured back - ponytail*

### HIP-HOP – 45 minute class

- ❖ A popular, energetic form of street style dance typically seen in music videos, commercials and shows like So You Think You Can Dance.
- ❖ We offer hip hop for dancers in kindergarten and up
- ❖ Along with our regular “co-ed” hip hop classes for we also offer a Boys Only Hip Hop classes too

#### **Class Requirements:**

*Black Hip Hop Sneakers for girls  
BOYS – Rubber sole sneakers  
Loose fitted clothing like sweatpants and a tshirt – perfect for this class*

## ADAPTIVE CLASS

- ❖ *A dance class specially designed for children with special needs. We adapt each class depending on the needs of each child.*

**Class Requirements for this class are on an individual basis.**

## DRILL PREP/TECHNIQUE

### DRILL PREP – 45 minute class

- ❖ Set to help out dancers planning to try out for their high school drill team - Working on stretching, kicks, leaps, turns along with various drill team steps.

#### **Class Requirements for both Drill Prep and Technique**

*Tan or black jazz shoes  
Dance shorts (or pants), tights and a form fitted t-shirt are fine  
Hair secured back - ponytail*

### TECHNIQUE (LEAPS/TURNS) – 45 minute class

- ❖ This class pushes dancers beyond what their regular dance class or drill prep class is going to push you.
- ❖ Continued stretching and working on leaps and turns, this class pushes beyond the basic elements.
- ❖ Dancers in this class are more focused on self improvement and excelling to the next level.
- ❖ This class helps with ability as well as their dance technique

*First performance will be at our annual Christmas Extravaganza in December – They’ll wear black leggings along with a K&R Sweatshirt or a plain white one and the appropriate dance shoes dependent on which style of the class.*

*Second performance will be at Mayfest. This performance WILL be in costume – which will be determined as we get closer.*

*Third performance is our 30th annual dance recital in June. All lyrical, hip hop, pointe and clogging classes will perform in costume along with the Finale Routine at the very end of the show.*

**All classes WILL be performing and have a costume except drill prep, tech and ballet only classes. Costumes will range between \$80 - \$100 per costume**

**Costume Payments**  
**Oct 31<sup>st</sup>            \$80 due**  
**Nov 30<sup>th</sup>            \$80 due**  
**Jan 5<sup>th</sup> Balance Due**

